

NBA Star and Duke Blue Devil Mason Plumlee & His Family Present

THE PLUMLEE BASKETBALL CAMP

A classic overnight basketball camp in the mountains of Western North Carolina for players who love the game and are ready to work.



JUNE 26-28, 2023
CHRIST SCHOOL
ARDEN, NC

Three days of world-class coaching, competition, leadership development, and old school camp fun with Mason, special NBA guests, and the Plumlee family.

This is a special, one-of-a-kind opportunity for players who are deeply passionate about the game to learn and grow together in an unparalleled setting, guided by one of the NBA's most admired and respected veterans and an all-star staff.

FOR BOYS AGES 11-18
COST: \$550



(Includes all meals and lodging)

DAY CAMP OPTION: \$400 (Meals only)

REGISTER AT [MASONPLUMLEE.COM/CAMP](https://masonplumlee.com/camp)

CAMP HIGHLIGHTS

- Three days of skill development and competition led by Mason and world-class coaches
- Access to magnificent Christ School campus, including state-of-the-art indoor and outdoor athletic facilities
- Lessons and stories from Duke and the NBA
- Strength, conditioning, and personal wellness
- Outdoor team-building activities
- NBA film review
- Group discussions on leadership and success
- Nike camp tee and reversible jersey
- Overnight accommodations, all meals included
- Prizes and giveaways throughout the camp
- Ongoing mentorship and learning opportunities
- A one-of-a-kind experience that can't be duplicated anywhere else. You'll grow as a player and a person and build skills and relationships that will last well beyond camp.



AN UNPARALLELED SETTING AT CHRIST SCHOOL



Address:
500 Christ School Rd
Arden, NC 28704

Conveniently located:

Asheville airport
(8 mins)

Charlotte - 2 hrs

Atlanta - 3.5 hrs

Nashville - 4.5 hrs

Greensboro - 2.5 hrs

Knoxville - 1.45 hrs

Charleston - 4.15 hrs



Info & registration: masonplumlee.com/camp

Email: doug@masonplumlee.com

SAMPLE CAMP DAY

6:30 AM Open Gym

8:00 AM Breakfast

9:00 AM Daily Meeting

9:30 AM Skill Development & Competitive Drills

11:00 AM Film Study

11:30 AM Lunch & Rest

1:00 PM Sleep Coach Seminar/Strength & Conditioning/Outdoor Yoga

3:00 PM Individual Improvement

4:00 PM Game Play

5:30 PM Free Period

6:30 PM Dinner

8:00 PM Evening Activity: Three-Point Contest

9:30 PM Group Reflections

10:30 PM Lights Out

* Day campers welcome at all meals, must arrive by 9 AM. Day campers may stay until 9 PM.

ABOUT MASON

A high school All-American at Christ School; NCAA Champion, All-American and 2X first team Academic All-American at Duke; Team USA gold medalist; and NBA first-round pick, Mason is in his tenth-season in the NBA with the LA Clippers. Ranked among the league's top ten centers during the 2022-23 season, he became the first player in NBA history to shoot better than 75% from the floor over a 20-game stretch. Off the court, Mason is a successful venture capitalist, and co-founder of A Generous Company – a lifestyle brand and tech platform that celebrates and facilitates people helping people.



WHY CAMP?

"When my brothers and I were younger (Miles and Marshall both played at Duke and in the NBA, too) we left our small town in Indiana each summer to attend camps across the country that opened our eyes to new people, new experiences and new ways to learn and develop our love for the game of basketball.

Similarly, when we went to boarding school at Christ School, we never could have imagined the doors that would open for us athletically, academically and globally.

I wanted to create a camp at my alma mater that combines everything I love about those experiences. It isn't about exposure, getting recruited, or having to impress anyone. It's about hard work, improvement, meeting people from other places, and playing for the love of the game."

- Mason

Proceeds from camp benefit scholarship programs at Christ School. No interested camp participant will be denied due to finances. Scholarships available.

